



Trinity United Methodist Church Of Jensen Beach Newsletter

“Live by Faith, Be Known by Love, Be Voice of Hope”

February 2023

Volume 1, No. 2

A Little Taste of Heaven

For everyone involved in the music programs at Trinity, the absolute highlight of our year is our Composer Weekend during the month of February! We invite a sacred music composer to spend Saturday morning and afternoon conducting a rehearsal of music he or she has composed or arranged. Then, on Sunday, we present a full concert.

This year’s guest artist is **Joel Raney**, an outstanding composer, arranger, and pianist. One of the best parts of this weekend is hearing the “back stories” on the pieces we’re singing. Mr. Raney will share with us why he has arranged the music exactly this way and why he has chosen a particular theme, etc. We learn so much from these exchanges! Understanding the motivation behind the songs helps us to sing and play them with deeper appreciation.



Joel Raney

This year, five choirs will be joining ours to participate in this event. Singers will be coming from First Presbyterian Church of Stuart, First UMC of Port Saint Lucie, First UMC of Stuart, Nettles Island Church, and Peace Presbyterian of Stuart. There will be a handbell choir and a flautist, as well.

It is beyond exciting to minister together. For us, it’s just a little taste of what Heaven will be like as we gather together with other congregations and worship our Lord Jesus as one body. Honestly, this event energizes and sustains us for weeks afterward!

Don’t miss this special ministry on February 19th at 3:00 p.m. in the Sanctuary! It’s free! (A love offering will be taken.)



Pastor's Corner

“Still Life”

Jonah began to go into the city, going a day's walk. And he cried out, “Forty days more, and Nineveh shall be overthrown!”

And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. —*Jonah 3:4-5*

This is one of the few absurdly comedic scenes in the Bible. Imagine, everyone within a gigantic city, heeding the word of a foreign prophet and repenting of sin! Even the animals “bray” for forgiveness!

But when Jonah calls for Nineveh to repent, what do the Ninevites do?

Nothing. They do nothing. They proclaim a fast: They refrain from eating, and cease to live in their old, sinful ways.

And then, to Jonah's dismay, God does nothing, too. God refrains from throwing down an entire city—even a city of Gentile conquerors!

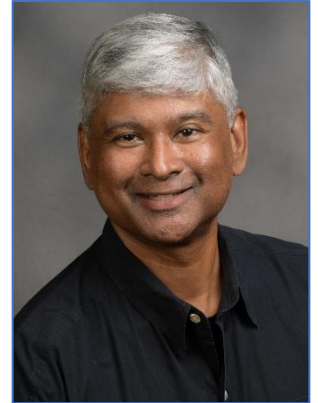
For it is in the “doing of nothing” that reality evolves for the Ninevites and for Jonah.

When we sit still in prayer, temporarily refraining from our flurry of self-centered activity, we might eventually sense the slowing of our breath, the release of physical tension, and even a “relaxing” in our brain. We may also sense a closeness to God.

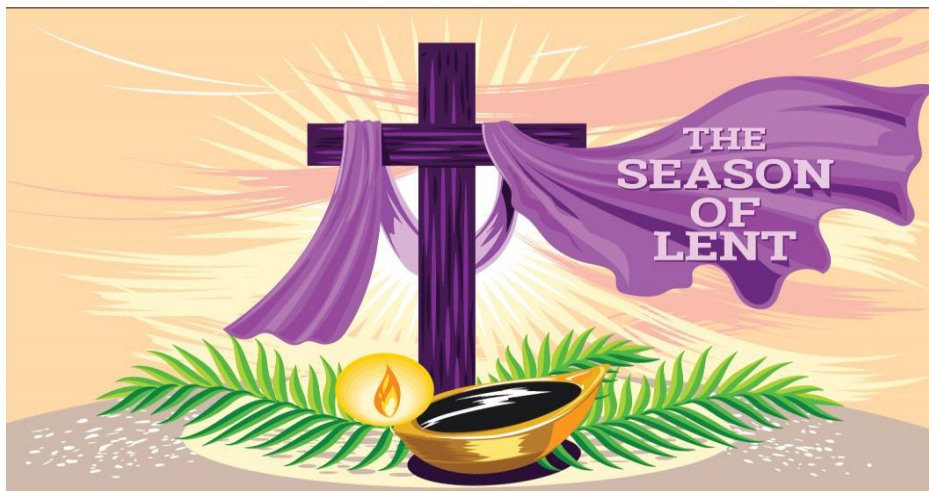
In other words, even in stillness, there is motion. Even as we do “nothing,” the Holy Spirit works in us, through us and all around us.

As we approach the Season of Lent, consider making a practice of sitting still in prayer for a few minutes each day. Spend time doing absolutely nothing, so to speak.

We just might find immense and powerful changes occurring within! And in time, our entire existence just might be transformed!



Anil



Test your Bible Skills



MATTHEW



ORDER IN THE BIBLE
NT: #1



WRITTEN BY:
Matthew
the Apostle

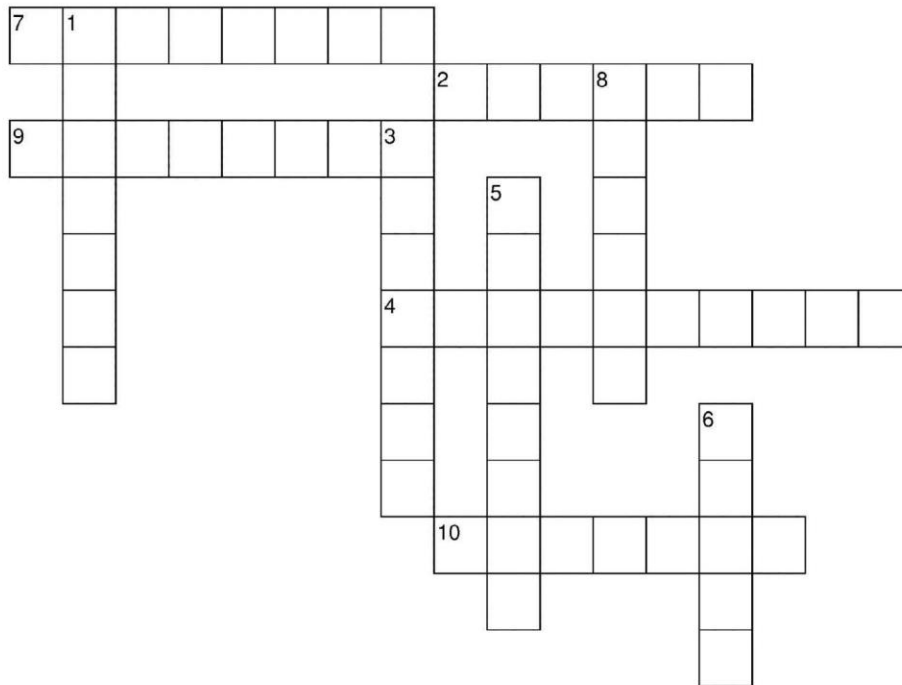


TIME PERIOD COVERED:
7 BC to 33 AD

OVERVIEW

Matthew was writing to Jews who were well-studied, which is why his gospel often quotes the Old Testament to show how prophecy was fulfilled. It is a great gospel for apologetics, a.k.a. defense of our faith due to all the "proofs."

The book contains a genealogy that dates back to Abraham. It differs from a genealogy in early Luke. Scholars say one is a list of legal parentage and the other is a bloodline.



Across

2. The father of Boaz (1:5)
4. God will bless those who are ____ (5:10)
7. A word for the stories Jesus often told (13:34)
9. The disciples, still self-centered, asked which of them would be ____ (18:1)
10. A woman anointed Jesus' head with ____ (26:7)



Down

1. The father of Isaac (1:2)
3. In Matthew Chapter 4, the devil did this to Jesus
5. Take heart. Your sins are ____ (9:2)
6. Peter's original name (10:2)
8. We should honor this important woman (15:4)

Media Update

This month, I want to introduce you to my right-hand young woman in the Media Booth— Avery Baker. Avery has been working with me as a volunteer for the last two years. (She’s been at Trinity all her life as the Baker family has attended our church since 2000.) She has been a major asset for keeping the 9:15 a.m. service running smoothly and for keeping me on track!

Primarily, Avery operates the slides you see on the screen during the service, but she can also run sound. Besides being in the Booth during the Contemporary service, she also works the Traditional service when I’m not in town.

While there are tons of complicated procedures we perform in the Booth; Avery learned them very quickly. Before she began helping me, her father said to me, “Show Avery once, and she won’t forget it.” He was correct!

Although it might seem like running slides would be easy, it’s not. Even though we rehearse with Joyce and the Praise Team, the Holy Spirit often leads Joyce in a different direction during the service itself. It’s Avery’s task to follow when the changes happen, and she is excellent in responding.

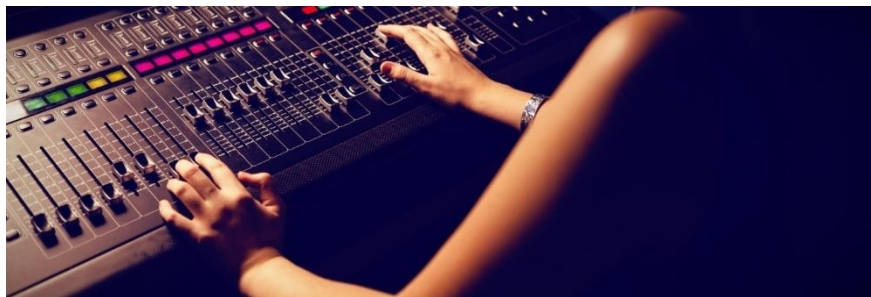
Outside of Trinity, Avery is a very busy young woman. She’s a High School Junior where she is an A student. She is also in the International Baccalaureate® program.

Additionally, Avery is a Level 9 gymnast and she’s been doing gymnastics since kindergarten. She’s also a baseball fan and enjoys hunting and fishing.



*Avery Baker
(used with permission of her Mother)*

John Grubb



Working the soundboard during worship services

Trinity United Methodist Church of Jensen Beach

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Pastor: Rev. Anil K. Singh
Congregational Care: Rick Decker
Office: Anne Pappas
Communications: Randi Schwartz
Nursery: Sandy Mulvaney

Music: Joyce Grubb
Organist: Dr. MJ Montague
Pianist: Carol Paul
Facilities: Doug Evans
Media: John Grubb

“Brighten the Corner”

The old hymn says, “Brighten the Corner Where You Are” and in Matthew’s gospel, the Bible teaches us to be the light of the world. So, what about brightening the corner for someone else? How can we share the light that is in us? A smile, a kind word, and gentle hand can brighten up even the darkest times. Carole King wrote the words to “You’ve Got a Friend” that expresses the true sentiment of being a friend. You “just call and I’ll be there”.



We have several members of our congregation and community that need a friend, a smile, and a visit. In this day and age of technology, it is so easy to bypass a visit and replace it with an email, instant message, or a quick Facebook note, but to someone alone that doesn’t meet the need of *physical* interaction. We have an opportunity to brighten the corner of someone shut in, sick, or otherwise unable to attend our services. We can visit them in person. How do we share the light? We take it to them! We go out and visit those needing and wanting social interaction. We have a *visitation team* at Trinity UMC and there is room for you.

If you enjoy visiting people, if you know the feeling of being alone and how much joy a visit can bring, then you may be just the person to join the visitation team. If you feel God leading you in this direction, reach out to Rick Decker (rdecker@trinityjb.org) for more information.

Rick Decker

#picturelent

BINGO 2023

Go for a quiet walk in nature	Spend one minute smiling	Eat foods that feel nurturing to you today	List three things you're grateful for	Take a nap
Dance party!	Explore a park (either outside or online)	Write a letter to yourself	Look through your photos of the last year and remember what made you smile	Check in with your body - how do you feel?
With their permission, give a big bear hug to someone you love	Choose one of your chores and go very slowly, noticing with all your senses	FREE SPACE	Listen to nature sounds (either outside or on YouTube)	Sing a song at the top of your lungs
Screen-free day!	Close your eyes and imagine a peaceful place	Spend one minute laughing	Take the time to appreciate the sunrise and sunset.	Try a new prayer practice - you choose!
Wear clothes that feel comfortable to you today	Light a candle and watch it flicker for two minutes.	Be kind to yourself	Spend one minute breathing deeply	List three good things that happened this week



Coming Up:

Composer Concert with Joel Raney – February 19, 2023 @ 3:00 p.m. – Trinity Sanctuary

Easter Musical/Drama – March 30-31, 2023 @ 7:00 p.m. – Trinity Sanctuary

#picture is a collaborative project of the Rio Texas, Great Plains, and Michigan Conferences of the United Methodist Church

Music Notes

Here it is, February 2023! How fast time passes! This month is all about *love*... and snow (if you live up north). It's a special time to express our love, adoration, appreciation, and gratitude to those in our lives who are closest to us. On TV, there will be an abundance of movies about love. Perhaps you will receive or send a poem, candy, or some roses accompanied by a sweet note. And, how about those love songs we'll be hearing all month long? Frank Sinatra sang some great ones, didn't he?



But God is One who loves us more than we can ever truly comprehend. In fact, the Bible says that God *IS* love! We have the ability to love Him and others because He first loved us! His love is perfect and everlasting.

So, this month, why not sing some love songs to our Lord? You don't have to be in Trinity's Choir or a member of our Praise Team. You just need to sing to the Lord! He won't care how your voice sounds, but He will stop and listen when your words of love come from your heart. No one else has to hear them, but God will be blessed by your offering of music to Him for certain!

Joyce Grubb



LUKE 10:38-42 "Martha, Martha, you are troubled about many things. Mary has chosen the good portion, which shall not be taken away from her."



Women's Ministries

Noisy Change Sunday

On the 3rd Sunday of each month, Priscilla Circle members collect “noisy change” to be donated to the Heifer Project International, a non-profit organization, whose stated mission is to end hunger and poverty and to care for the Earth. With your generous donations we can choose to buy a water well, heifer, water buffalo, alpaca, goat, sheep, pig, garden seeds, honeybees and/or a flock of chicks. With these gifts, along with training as to how to raise and care for the animals, families through the world, including the United States, can have steady sources of food, earn reliable incomes, and be able to send their children to school.

Month	Monthly Donation
April, 2022	\$119.00
May	\$249.00
June	\$170.50
July	\$222.00
August	\$197.35
September	\$71.00
October	\$382.50
November	\$298.50
December	\$341.50
January, 2023	\$315.50
Total to date	\$2,366.85

At various times throughout the year, Heifer offers a double match through generous donations received from various corporations. Check out the graph on the growth of your generous donations throughout 2022. We have received notice of an offer to match our donations, so a check will be sent this month from Trinity United Methodist Church. Your “Noisy Change” is making a change in the lives of families in need.

Meet our Leader

Sandy Smith and her husband, Paul, have been attending and been members of Trinity since 2004 when they moved to Jensen Beach from Elkton, Maryland. They have two sons, Ernie and David, who both live in the Elkton area with their wives and children.

Sandy has been the leader and/or co-leader of the Priscilla Circle since 2018. She also leads the *Hooks and Needles* group. Sandy was employed by the Board of Education of Cecil County, Maryland, where she held several positions during her 28 year tenure, retiring as the Chief Financial Officer in 2004. She is a graduate of Marshall University in Huntington, W.Va., where her youngest granddaughter, Carly, will graduate this Spring.

Her parents, Dot and Dick Runner, were long-time members of Trinity as well. They now live in Port Saint Lucie.



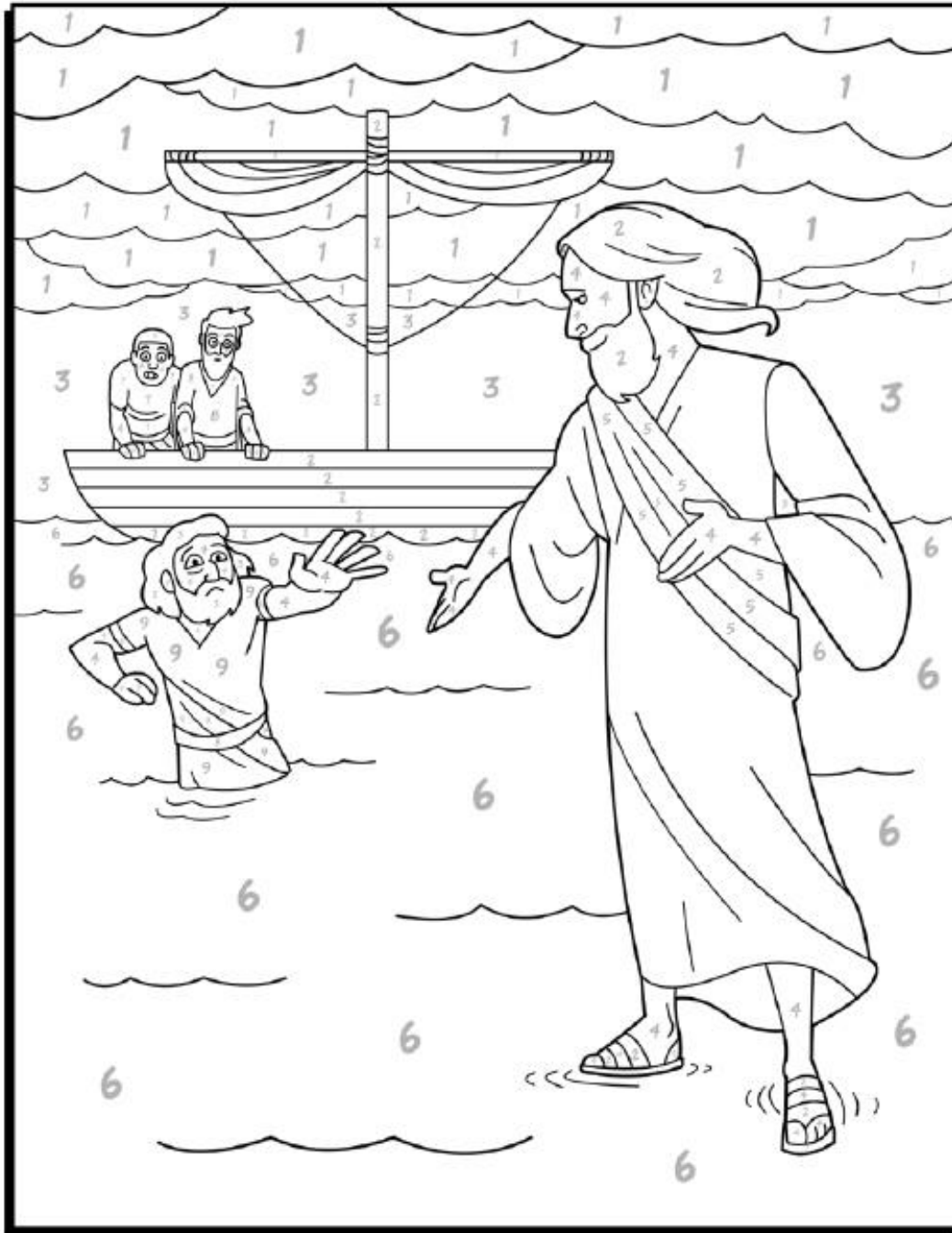
Priscilla Circle Meeting February 13th

February is the month of our Ice Cream Social, February 13th, 10 a.m. to 12 noon. Following our devotional and business meeting, we will gather for an old-fashioned ice cream social. Ice cream, both with sugar and sugarless, will be provided. Members will bring their favorite topping to share. This is always a great time with good food and good fellowship with our Sisters in Christ. Come and join us!!

For the Young at Heart

Color by Numbers!

- 1 = Gray 3 = Black 5 = Red 7 = Orange 9 = Green
2 = Brown 4 = Skin tone 6 = Dark Blue 8 = Purple



Jesus walks on water.

Matthew 14: 22-33

Men's Ministry—Fitness Trail

One day while walking through a park in Stuart, Randi Schwartz saw a sign that said, “Fitness Trail”. After checking it out, she thought what a great idea it would be for Trinity and pitched the idea to Bob Burnett. Randi hit the jackpot—you see Bob was always up for a challenge and loved to help in any way he could.

The first thing Bob did was to get a surveyor to make sure we were on our property. When that was done, he laid out the trail with 10 stations, and then found a carpenter to help make trail benches and sign poles; that was an easy task; Bob asked Ed Miller who is a long-time member of Trinity if he would help. Ed said “yes,” and the planning went on.

Then it was time for Sam Rhodes to come in. Sam is our gardener, and it was his job to lay the trail with mulch and put a border around the trail. He grew 1000 copper plants at his home and transported them to the church for planting. This was the final step in the project, and the Fitness Trail has become a dream come true.

I'm sorry to say we lost Bob Burnett on Thanksgiving week. He will be greatly missed. The Men's group will be forever grateful and has received permission by the Church Counsel to name the Fitness Trail the *Bob Burnett Memorial Fitness Trail*.



Don Frye

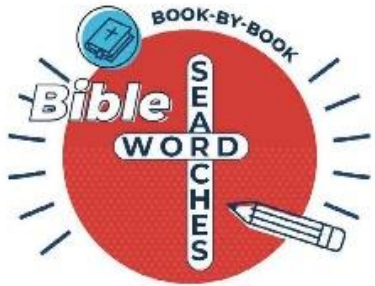


February 22nd

Matthew 6:16-18

And when you fast, don't put on a sad face like the hypocrites. They distort their faces so people will know they are fasting. I assure you that they have their reward. When you fast, brush your hair and wash your face. Then you won't look like you are fasting to people, but only to your Father who is present in that secret place. Your Father who sees in secret will reward you.

Test your Bible Skills



MATTHEW



ORDER IN THE BIBLE
NT: #1



WRITTEN BY:
Matthew
the Apostle



TIME PERIOD COVERED:
7 BC to 33 AD

OVERVIEW

Matthew was writing to Jews who were well-studied, which is why his gospel often quotes the Old Testament to show how prophecy was fulfilled. It is a great gospel for apologetics, a.k.a. defense of our faith due to all the "proofs."

The book contains a genealogy that dates back to Abraham. It differs from a genealogy in early Luke. Scholars say one is a list of legal parentage and the other is a bloodline.

This account of Jesus was written for the **JEW**s and included the royal **LINEAGE** of Jesus.

The devil **TEMPTED** Jesus after He had been **FASTING** for 40 days (4:1)

On the **SERMON** on the Mount, Jesus taught the **BEAUTITUDES**

God will bless those who are **PERSECUTED** for being righteous (5:10)

Jesus told a **PARALYTIC** "Take heart. Your sins are **FORGIVEN**" (9:2)

Peter was originally called **SIMON** (10:2)

Jesus often told stories using **PARABLES**, that were stories with a symbolic meaning (13:34)

We should honor our **MOTHER** and **FATHER** (15:4)



Circle the **BOLD** words in the puzzle.

H	H	X	P	X	T	S	P	C	I	O	R
F	L	H	Z	C	H	I	L	D	N	V	I
K	S	I	M	O	N	M	G	P	S	R	P
S	E	A	N	O	I	N	T	E	D	C	A
N	R	F	Q	E	I	X	L	R	H	O	R
Z	M	X	O	T	A	B	C	S	M	E	A
O	O	D	S	R	A	G	W	E	O	W	L
N	N	A	D	R	G	E	E	C	T	L	Y
U	F	I	A	X	J	I	D	U	H	B	T
D	F	P	K	U	Y	K	V	T	E	C	I
M	M	X	I	F	A	T	H	E	R	T	C
M	J	T	E	M	P	T	E	D	N	V	Z

Jesus told the disciples that a **CHILD** was the greatest of all of them in the kingdom (18:1-4)

A woman **ANOINTED** the head of Jesus (26:7)

Trinity's Home-Grown Ministries

Trinity Line Dancers

Trinity Church's Line Dancers started in May 2018. It was set up with five-dollar payment per class, with two of those dollars going to the church, for Trinity's Blessings in a Bag ministry.

We have one class Monday, two on Wednesday, and one on Thursday.



Taking time for prayer

We begin all our classes in a circle taking prayer requests and then praying together as a group.

We dance and enjoy fellowship with each other, and share food and laughs. We support each other's problems in the day-to-day world, and most of all we care for and check on each other. This is one place that everyone can call their "Happy Place"—as it is all about kindness, caring, and

support of each other. We learn to dance, balance, and exercise our memory!

This year we took over the Blessings in a Bag School-Church Partnership Ministry, and it has become a huge success. We credit that to a lot of prayers!

Madonna McDowell and Laura Asano



Trinity's Line Dancers



Line Dancers strutting their stuff

LOOKING TO GET INVOLVED?



FELLOWSHIP HOUR
CHILDRENS' SUNDAY SCHOOL
NURSERY

BLESSINGS IN A BAG

DISCOVER YOUR GIFTS!

CONTACT: RICK DECKER
RDECKER@TRINITYJB.ORG

February Offerings

Sundays

- Children's Church (9:15 a.m.)
 - *Communion Sunday: Children remain in the service; other Sundays, children leave after morning prayer*
- Adult Bible Studies (9:30 a.m.)
- 1st Sunday:
 - *Communion*
 - *House of Hope Donations*
- 3rd Sunday: Noisy Change
 - *Joel Raney Concert*
(Trinity Sanctuary, 3:00 p.m.)
- 4th Sunday: Discipleship Sunday

Mondays

- Line Dancing (1:00–3:00 p.m.)
- Priscilla Circle (2nd Mondays, 10:00 a.m.)

Tuesdays

- Trinity Ringers (5:30 p.m.)

Wednesdays

- Beginner's Line Dancing (11:30 a.m.–1:00 p.m.)
- Blessings in a Bag (12:30–2:30 p.m.)
- Hooks & Needles (every other week) (10:00 a.m.)
 - Next meeting: February 15th

Thursdays

- Line Dancing (1:00–3:00 p.m.)
- Choir Rehearsal (6:30 p.m.)

Saturdays

- 1st Sunday: Men's Meeting (8:00 a.m.)

Trinity United Methodist Church
2221 NE Savannah Road
Jensen Beach, FL 309495